



Week menu

MONDAY

Omelet with onion and parsley

Meatballs with baked potatoes and tahini yoghurt

Bacalao soup

TUESDAY

Omelett with cherry tomatoes and basil and mozzarella

Baked chicken leg with cou cous and tzatziki

Leek and broccoli soup

WEDNESDAY

Omelett with salami, herbs and bell pepper



Pasta med pesto, tomatoes and kale



Pumpkin soup

THURSDAY

Omelett with with broccoli and onion

Fish rolls with tomatoes and mozzarella

Beef ramen

FRIDAY

Omelett with bell pepper and herbs

Chili con carne

Mushrooms soup

