



Week menu

MONDAY

Omelett with bell peppers and onion

Moroccan lamb casserole with cous cous

Bacalao soup

TUESDAY

Omelett with potetoes, broccoli and cheese

Pasta bolognese

Potatoes soup

WEDNESDAY

Omelett with ham, onions and bell peppers



Chili sin carne



Lentils soup with potatoes, bell peppers and cauliflower

THURSDAY

Omelett with mushrooms and onion

Fish casserole with bacon and salad

Beef ramen

FRIDAY

Omelett with tomatoes, herbs and cheese

Buffalowings with fries and ranch dressing

Tomatoes and bell pepper soup

